

#### Report to the

#### Behavioral Health Partnership Oversight Council

October 13, 2010

### **Enhanced Care Clinics**

**Current Status** 



- 35 Enhanced Care Clinics receive higher fees (approximate 25% higher than non-ECC clinics) in return for meeting the following requirements:
  - Timely Access
  - Collaboration with Primary Care
  - Proficiency in screening, assessment & treatment of co-occurring mental health and substance abuse disorders

# **ECC** Access Requirement

- Timely access to initial appointment is measured quarterly
- To date, only routine access is being counted towards compliance with timely access
- Numbers for urgent and emergent cases continue to be low



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### % of ECCs that Met the Routine Appointment Access Standard



### % of Members Offered Routine Appointment within 2 Weeks



# **Types of Appointments Offered**



# **Mystery Shopper**

#### Mystery Shopper Program:

- ECCs are assessed on whether screening is done at time of first contact and triage for level of urgency of need (emergent, urgent, routine).
- All 35 ECCs have been Mystery Shopped as of September 2010
- A total of 12 ECCs submitted Corrective Action Plans
- All 12 passed Mystery Shopper on follow-up
- Issues that led to CAPs include:
  - messages left on voice mail and not returned
  - no screening for urgency of need

# Mystery Shopper (Cont.)

- 4<sup>th</sup> Round of Mystery Shopper calls in CY 2010 highlighted the need to review the Mystery Shopper process
- The current audit tool is being reviewed and revisions will be shared with a council subcommittee
- The current method of oversight of the ECC initiative is also being retooled and the new process will be shared with a council sub-committee

## ECC Primary Care Collaboration Requirement

- Goals:
  - To develop formal relationships with primary care practices
  - To support mutual referral practices
  - To facilitate collaborative care and efficient exchange of information to support patient care
  - Each ECC must enter into MOU with its primary care partner and develop policies and procedures that implement such MOUs

### ECC Primary Care Collaboration Requirement

- All ECCs have provided MOUs with their primary care partners
- Policies and Procedures that support those MOUs will be requested as well under the new ECC Oversight Model
- ECC clients who are deemed stable on their medication may be referred to their PCP partner for ongoing medication management.
- E&M consultation codes were implemented to support a brief psychiatric consultation by the ECC when requested by the primary care provider who is managing medication.
- To date, few of these consultations have taken place.

## ECC Co-Occurring Requirement

- Policy Transmittals outlining requirements for co-occurring screening, assessment and treatment were issued in April 2010
- ECCs will need to be in compliance by April 2011
- Workgroups met to collaboratively develop the oversight tools
- Oversight will begin once the new oversight model has been developed

### **Service Utilization**

#### CT BHP Under 19 DOS Utilization Routine Outpatient



#### CT BHP Under 19 DOS Utilization Intermediate Care



#### CT BHP Under 19 DOS Utilization Home and Community Services



#### CT BHP Under 19 DOS Utilization Inpatient Psychiatric



#### CT BHP Under 19 DOS Utilization Summary

- Routine Outpatient utilization continues to grow for freestanding clinics and independent practitioners but remains steady for hospital clinics
- Intermediate Care services have held steady since 2007
- IICAPS utilization has increased substantially in contrast to other home based programs and EMPS
- Hospital inpatient utilization has substantially decreased each year
- Riverview and PRTF utilization shows a slight decrease

#### CT BHP 19 & Over DOS Utilization Routine Outpatient



#### CT BHP 19 & Over DOS Utilization Intermediate Care



#### CT BHP 19 & Over DOS Utilization Inpatient Psychiatric



### CT BHP 19 & Over DOS Utilization Summary

- Routine Outpatient utilization continues to grow for freestanding mental health clinics and independent practitioners
- Adult use of independent practitioners is nearly double that for children
- IOP utilization shows a slight but steady increase while PHP shows a slight but steady decrease
- Hospital inpatient shows a slight increase

### **Date of Service Expenditures**

#### CT BHP DOS PMPM



CT BHP Under 19 DOS PMPM Summary 2006 to 2009

- Hospital inpatient PMPM declined from \$11 to \$8 from 2006 to 2009
- Home and community service PMPM has increased from \$2 to \$7 from 2006 to 2009
- Intermediate care PMPM has increased from about \$3.80 to nearly \$4.50
- Routine outpatient PMPM has increased from about \$4.50 to nearly \$7.50

### CT BHP 19 & Over DOS PMPM Summary 2006 to 2009

- Hospital inpatient PMPM increased slightly from about \$4.90 to nearly \$5.50
- Intermediate care PMPM hovered around \$3
- Routine outpatient PMPM increased from about \$6 to about \$8.25

### **Questions?**